

ENTRANCE EXAM PDF OF MASTER OF ARTS

(M.A - APPLIED PSYCHOLOGY)



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SET - A

Signature of Invigilator

Total Marks : 100

1. Do not write your name or put any other mark of identification anywhere in the OMR Response Sheet. **IF ANY MARK OF IDENTIFICATIONS IS DISCOVERED ANYWHERE IN OMR RESPONSE SHEET, the OMR sheet will be cancelled, and will not be evaluated.**
2. This Question Booklet contains the cover page and a total of 100 Multiple Choice Questions of 1 mark each.
3. Space for rough work has been provided at the beginning and end. Available space on each page may also be used for rough work.
4. There is negative marking in Multiple Choice Questions. For each wrong answer, 0.25 marks will be deducted.
5. **USE/POSSESSION OF ELECTRONIC GADGETS LIKE, MOBILE PHONE, iPhone, iPad, page ETC. is strictly PROHIBITED.**
6. Candidate should check the serial order of questions at the beginning of the test. If any question is found missing in the serial order, it should be immediately brought to the notice of the Invigilator. No pages should be torn out from this question booklet.
7. Answers must be marked in the OMR response sheet which is provided separately. OMR Response sheet must be handed over to the invigilator before you leave the seat.
8. The OMR response sheet should not be folded or wrinkled. The folded or wrinkled OMR/Response Sheet will not be evaluated.
9. Write your Roll Number in the appropriate space (above) and on the OMR Response Sheet. Any other details, if asked for, should be written only in the space provided.
10. There are four options to each question marked A, B, C and D. Select one of the most appropriate options and fill up the corresponding oval/circle in the OMR Response Sheet provided to you. The correct procedure for filling up the OMR Response Sheet is mentioned below.

CORRECT METHOD									
(A)	☒	(C)	(D)						

WRONG METHOD									
(A)	~~(B)~~	(C)	(D)	(A)	(B)	~~(C)~~	(D)	☒	(B)
(A)	☒	(C)	(D)	(A)	☒	(C)	~~(D)~~	(A)	☒
(A)	☒	(C)	(D)	☒	(B)	(C)	☒	☒	(B)

1. The left and right eyes receive slightly different images of objects in the environment. This fact is known as :

- A. Stroboscopic perception
- B. Superposition
- C. Binocular Parallax
- D. Binocular Disparity

2. Closure and proximity are

- A. Gestalt principles of perceptual organization.
- B. Principles of perceptual recognition.
- C. Learned through operant conditioning.
- D. Principles of top-down processing.

3. Ivan Pavlov is important in psychology because he

- A. discovered the principles of classical conditioning.
- B. discovered the principles of operant conditioning.
- C. was the first to understand the implications of classical conditioning for drug tolerance.
- D. won a Nobel prize for his work in animal digestion.

4. A is a consequence which increases the likelihood that the preceding behavior will occur again.

- A. Reinforcement
- B. Punishment
- C. Discriminative Stimulus
- D. Conditioned Stimulus

5. Children are most likely to grow up more competent and responsible when they are raised by parents who behave in a manner considered

- A. authoritarian
- B. authoritative
- C. permissive
- D. inconsistent

6. Stella remembered the order of the planets from the Sun by recalling the sentence, "My very educated mother just served us noodles." For Stella, this sentence is a

A. chunking strategy

B. mnemonic device

C. peg system

D. acoustic encoding sequence

7. Jeanette locked the front door, then checked it by turning the knob. She checked it a second time. After walking halfway down the path to the street, Jeanette went back to the door and checked to make sure that it was locked. Her behavior appears to be

A. psychotic

B. schizophrenic

C. obsessive

D. compulsive

8. According to Selye's General Adaptation Syndrome (GAS) theory, of the following stages, we are most susceptible to disease during

A. resolution

B. resistance

C. alarm

D. exhaustion

9. An enduring emotional state is called :

A. A mood

B. An Emotion

C. A Temperament

D. An Emotional Judgement

10. The fight-or-flight response is generated by the system.

A. central nervous

B. parasympathetic division of the autonomic nervous

C. sympathetic division of the autonomic nervous

D. Limbic System

11. Which of the following represents the proper order of activation of the systems involved in emotional arousal?

- ~~A.~~ hypothalamus → brain stem → sympathetic system
- B. autonomic nervous system → brain stem → hypothalamus
- C. autonomic nervous system → hypothalamus → limbic system
- ~~D.~~ limbic system → sympathetic nervous system → brain stem

12. Students will be able to read a statement printed in the Comic Sans font faster than the same statement written in the Lucida Calligraphy font. This statement is a(n)

- A. hypothesis
- B. theory
- C. replication
- D. operational definition

13. When subjects in the experimental group put a puzzle piece in the wrong place, the experimenter unconsciously winced. The experimenter did not wince when subjects in the control group put a piece in the wrong place. One method to eliminate the wincing of the experimenter is by instituting

- A. the experimenter expectancy effect
- B. the single-blind procedure
- C. the double-blind procedure
- D. the placebo effect

14. A neuron without terminal buttons would be unable to:

- A. receive information from neighboring neurons
- B. generate an action potential
- C. direct the synthesis of neurotransmitters
- D. secrete neurotransmitters to postsynaptic neurons

15. Which of the following glands interact(s) most directly with all of the others to help regulate body processes?

- A. pituitary
- B. adrenals
- C. parathyroids
- D. thyroid

16. The part of the brain most closely associated with maintaining balance and the coordination of complex sequences of movements is the

- A. hypothalamus
- B. thalamus
- C. pons
- D. cerebellum

17. Sensation can be defined as the :

- A. process of converting physical energy into neural energy.
- B. detection of the external stimuli around us.
- C. process of organizing external stimuli into meaningful concepts.
- D. mental processes necessary to locate and identify an external stimulus.

18. The process by which rods and cones convert electromagnetic energy into the activity of neurons is an example of

- A. Transduction
- B. Feature detection
- C. Sensory adjustment
- D. Accomodation

19. After sound waves pass through the auditory canal, they reach the

- A. Eardrum
- B. Middle Ear
- C. Tunnel of Corti
- D. Oval window

20. Of the following, which is not a basic taste?

- A. sweet
- B. salty
- C. peppery
- D. bitter

21. The two neurotransmitters that are most likely involved in mood disorders are

- A. Dopamine and norepinephrine
- B. GABA and serotonin.
- C. norepinephrine and serotonin.
- D. Dopamine and GABA.

22. One of the most unique aspects of the MMPI is that it was first major personality inventory to incorporate

- A. A criterion Control
- B. Neuroticism Score
- C. Validity scales
- D. Keyed Responses

23. _____ is one major goal of the id.

- A. Avoiding Pain
- B. Day dreaming
- C. Punishing the ego
- D. Testing Reality

24. If you attempt to reduce your anxiety for having thoughts that are unacceptable, you may disguise this anxiety in a disguised form. This disguised behavior may take the form of _____

- A. Defense mechanism
- B. Super ego impulses
- C. Libidinal Drives
- D. Sublimated desires

25. Most current personality psychologists would identify their thinking as using a _____ approach.

- A. Cognitive
- B. Humanistic
- C. Psychodynamic
- D. Behaviourist

26. Latent learning is best described by which of the following?

- A. innate responses of an organism preventing new learning and associations
- B. unconscious meaning that is attributed to new response patterns
- C. delayed responses that occur when new stimuli are paired with familiar ones
- D. learning that occurs in the absence of rewards

27. Which of the following examples best illustrates episodic memory?

- A. telling someone how to tie a shoe
- B. answering correctly that the Battle of Hastings was in 1066
- C. knowing that the word for black in French is noir
- ☒ D. remembering that a clown was at your fifth birthday party

28. The James-Lange theory of emotion states that

- A. emotional awareness precedes our physiological response to a stressful event
- ☒ B. emotional expression follows awareness of our physiological response to an arousing event
- C. an arousing event simultaneously triggers both a cognitive awareness and a physiological response
- D. the level of fear we first feel when we ride a roller coaster is reduced each time we experience the same event until thrill replaces it

29. When asked why he wants to become a doctor, Tom says, "Because I've always liked biology and being a doctor will allow me to make a good salary to take care of a family." His answer is most consistent with which of the following theories of motivation?

- ☒ A. drive reduction
- B. incentive
- ☒ C. hierarchy of needs
- D. arousal

30. The number one tennis player on last year's squad does not find her name on the list of students who made this year's team. Which stage of Selye's general adaptation syndrome is she most likely experiencing?

- A. alarm
- ☒ B. resistance
- C. denial
- D. competence

31.

Through the use of a person develops a system of identifying what is important in the environment.

A. A representation

• B. A schema

C. A construct

D. A cognate

32.

A traumatic event would be defined as a

A. Situation of extreme danger outside normal human experience.

• B. Human disasters of extreme severity but not natural disasters of extreme severity.

C. Any natural disaster that causes human trauma.

• D. Any event that threatens a person's well-being.

33.

Why does performance suffer under extreme test anxiety?

• A. Anxiety interferes with retrieval of well-learned facts.

B. Exhaustion causes further anxiety.

C. You are unable to make a successful primary appraisal.

D. Your heart rate drops to dangerously low levels.

34.

Stressful events have been associated with of immune system function.

A. Enhancement

B. Selective alterations

• C. Impairment

D. Complete destruction

35.

Which of the following is an example of neurotic anxiety?

A. Antonio has been laid off and is worried about paying his bills.

B. Ernst is concerned about mobility because his arthritis is getting worse.

• C. James is terrified that he'll make a fool of himself at the next meeting in his office.

D. Brian has just stepped in front of a truck and is scared he'll be hit.

36. What is the response pattern of securely attached children in the Strange Situation when their mothers return?

- A. They tend to ignore their mothers because they are secure about her care.
- B. Sometimes they run over to their mothers and sometimes they do not; there's no consistent pattern in their responses.
- C. They tend to run over to their mothers and beg them not to leave again.
- D. They tend to go to their mothers for comfort.

37. Which of the following is a similarity between the cognitive developmental theory of Piaget and the moral developmental theory of Kohlberg?

- A. Both theories stress the importance of changes in thinking in their stages.
- B. Both believe personality is formed in the first 5 years.
- C. Both theories stress the importance of the third stage in the developmental process.
- D. Both developed a life span theory and had eight stages.

38. Harlow's experiment with rhesus monkeys and surrogate mothers emphasized the importance of

- A. contact comfort
- B. feeding
- C. aesthetic needs
- D. incentive theory

39. Adam loved the girlfriend who dropped him, but acts as if he's glad to be rid of her. His behavior most clearly illustrates which the following Freudian defense mechanisms?

- A. repression
- B. projection
- C. reaction formation
- D. sublimation

40. Which of the following is a good example of a Jungian archetype?

- A. John, whose domineering mother's voice is always in the back of his head
- B. Patty, who is haunted by her memories of child abuse
- C. Yan, who always roots for the underdog
- D. Tariq, who consciously strives to be the best tennis player he can be

41. You have just found an well constructed, objectively scored. Each item on the test correlates highly with the test taker's final score. This test would have

- A. Test-retest Reliability
- B. Temporal stability
- C. Alternate Form reliability
- ☒ D. Internal Consistency



42. According to Gardner's theory, intelligence is a appropriate to specified kinds of content

- A. Factorial Elements
- B. Comparative processing skills
- ☒ C. Information-processing abilities
- D. Ability clustering forms of thinking

43. A false belief maintained despite contradictory evidence or experience is a(n)

- A. Compulsion
- ☒ B. Delusion
- C. Hallucination
- D. Obsession

44. Distortion of reality and disorganization of thought, perception, and emotion are characteristic of :

- A. Mania.
- ☒ B. Schizophrenia.
- C. Personality disorders.
- D. All of the above are true.

45. The key feature of borderline personality disorder is :

- A. rejection
- ☒ B. Instability
- C. Anxiety
- D. Depression

46. Freddie is a 10-year-old boy with a mental age of 12. According to the scoring of the Stanford-Binet test, Freddie's intelligence quotient score is :

A. 12

B. 83

C. 95

• D. 120

47. Which of the following is NOT characteristic of the manic state of bipolar disorder?

A. inflated ego

B. excessive talking

C. shopping sprees

• D. too much sleep

48. Paranoid personality disorder is characterized by

• A. unwarranted suspiciousness and mistrust of other people

B. lack of interest in social relationships

C. unusual preoccupation with rules and schedules

D. instability revolving around problems of mood and thought processes

49. Which of the following is not associated with use of the scientific method in psychological research?

A. A commitment to producing knowledge through observation and experiment.

• B. A commitment to basing knowledge exclusively on common sense and opinion

C. A commitment to basing knowledge on empirical evidence.

D. A commitment to discovering truth.

50. Researchers were interested in studying the effects of divorce on children. Their study included 250 4-year-olds. Interviews and family observations were conducted 6 months, 2 years, 5 years, and 10 years after the initial interviews and observations. Which method did the researcher use?

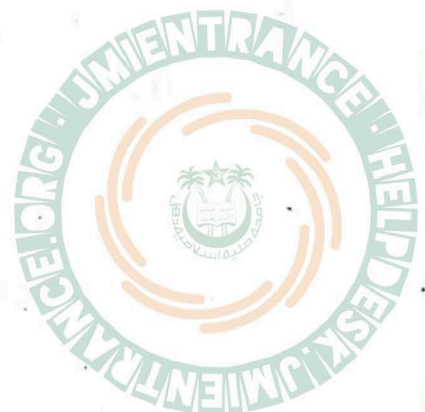
A. cohort sequential

✓ B. cross sectional

• C. longitudinal

✗ D. experimental

- ✓ 51. Which of the following theories best exemplifies continuity?
- A. Erikson's psychosocial theory
 - B. Vygotsky's sociocultural theory
 - C. Piaget's cognitive development theory
 - D. Kohlberg's theory of moral development
52. A soldier who experiences sudden blindness after seeing his buddies killed in battle is best diagnosed with
- A. phobic disorder
 - B. bipolar disorder
 - C. dissociative fugue
 - D. conversion disorder
- ✓ 53. In contrast to a clinical psychologist, a psychiatrist is more likely to
- A. engage in an eclectic approach
 - B. use a biomedical treatment
 - C. recognize the importance of group therapy with patients having the same disorder
 - D. treat clients in community mental health centers exclusively
- ✓ 54. Vicky is encouraged to take charge of the therapy session and his therapist uses an active listening approach to mirror back the feelings he hears from him. Which therapy is most likely being described?
- A. client-centered therapy
 - B. cognitive therapy
 - C. rational-emotive therapy
 - D. existential therapy



55. Drew's depression seems an outgrowth of his belief that everyone should like him. If his therapist were to utilize REBT, how might he proceed in treating Drew's depression?

- A. He would suggest a mild antidepressant drug like Prozac to elevate his mood state.
- B. He would give him unconditional positive regard and encourage him to open up about his feelings.
- C. He would challenge Drew's belief so that in defending it Drew will recognize just how absurd it sounds.
- D. Using the cognitive triad of Self, World, and Future, he would determine Drew's assumptions in all three

* 56. Dr. Fisher is studying the effects of entering puberty earlier or later than one's peers on adolescent self-esteem. Dr. Fisher is most likely a(n) psychologist.

- A. Educational
- B. School
- C. Cognitive
- D. Developmental

57. One of the original ideas upon which psychology was founded is that

- A. all human behavior is reducible to its neurobiological roots.
- ✗ B. observable behavior is the appropriate subject for psychological study.
- C. mind and behavior can be subject to scientific investigation.
- ✗ D. humans are irrational animals.

58. One important variable in an athlete's recovery from injury is having a strong network of friends for emotional support. What type of psychologist would be likely to study this variable?

- A. Biological
- B. Social
- C. Personality
- D. Clinical

59. Psychology is a science primarily because

- A. it attempts to understand mental and behavioral processes.
- B. it utilizes the scientific method to study mental and behavioral processes.
- C. its intellectual roots are in philosophy.
- D. its research findings are understood only by intelligent people.

60. Psychologists typically assign numbers representing quantities to the variables they are studying. This process of assigning numerical values to variables is called

- ~~A.~~ Assessment
- B. Statistical Analysis
- C. Measurement
- ~~D.~~ Establishing Significance

61. Which person might benefit the least from a group-therapy environment?

- A. Azul, who has a phobia of cats
- B. Richard, who has a drinking problem
- C. Jasmine, who is experiencing auditory hallucinations
- D. Elena, who suffers from depression

62. The reality television shows that deliberately force people to face their worst fears are most similar to which therapy technique?

- A. Systematic desensitization
- B. Aversion therapy
- C. Flooding
- D. Extinction

63. Anxiety, recurring nightmares, sleep disturbances, and concentration problems that occur for more than 1 month after a major stressor are likely symptoms of

- A. acute stress disorder
- B. posttraumatic stress disorder
- C. pretraumatic stress disorder.
- D. general stress disorder.

64. The behavioral component of prejudice is

- A. Discrimination
- B. Stereotyping
- C. Implicit personality theorizing.
- D. Holding a negative attitude toward a person

65. Patrick is very proud of his Irish heritage and thinks of himself as an Irish American. Patrick has a strong

- A. social identity
- B. reference group
- C. social category
- D. stereotype vulnerability.

66. Which of the following is not one of the three things people do to reduce cognitive dissonance?

- A. change their behavior
- B. change their attitude
- C. form a new attitude
- D. ignore the conflict

67. To which two processes do most social psychologists attribute the failure of Kitty Genovese's neighbors to help her?

- A. bystander effect and altruism
- B. aggression and diffusion of responsibility
- C. altruism and diffusion of responsibility
- D. bystander effect and diffusion of responsibility

68. The self-fulfilling prophecy is a negative outcome of

- ✗ A. Social identity
- B. ✗ Reference grouping
- ✓ C. Scapegoating
- D ✗ Stereotype vulnerability.



69. In the famous Festinger experiment, participants were paid either \$1 or \$20 to lie to a woman in the waiting room about how interesting the task really was. The participants who convinced themselves that the task really was fun were the ones who were

- A. Paid immediately.
- B. Paid after one day.
- C. Paid only \$1.
- D. Paid \$20.

70. Mental patterns that represent what a person believes about certain types of people are called

- A. schemas.
- B. stereotypes.
- C. attributions.
- D. attitudes

71. The area of the brain that is most involved in aggression is the

- A. amygdala
- B. pineal gland
- C. cerebellum
- D. cortex

72. A projective test with ambiguous pictures that are frequently used to assess achievement motivation is the

- A. Thematic Apperception Test
- B. Rorschach inkblot test
- C. WAIS-R
- D. Stanford-Binet

73. Bessie could barely detect sweetness in a sip of water from a pitcher in which one quarter of a teaspoon of water was mixed into a half gallon of water. For taste, this is Bessie's

- A. Absolute threshold
- B. Difference threshold
- C. Subliminal stimulation
- D. Distal stimulus
- E. Just noticeable difference

74. Which of the following contribute to the development of knowledge and theory in psychology?

- A. Evidence that supports a hypothesis
- B. Evidence that contradicts a hypothesis
- C. Evidence that tests a hypothesis.
- D. All of the above.

75. "Formally, a statement about the causal relationship between particular phenomena (i.e. in the form 'A causes B'). This is usually derived from a particular theory and designed to be tested in research." Which construct is this a glossary definition of?

- A. Prediction
- B. Deduction
- C. Hypothesis
- D. Conventional reasoning

76. Peter Salovey and John Mayer's concept of emotional intelligence is most similar to which of Howard Gardner's intelligences?

- A. analytic and practical
- B. naturalist and existential
- C. interpersonal and intrapersonal
- D. bodily/kinesthetic and verbal/linguistic

77. Which psychological approach is most concerned with the importance of encoding, storing, and retrieving information?

- A. information technology
- B. behavioral approach
- C. psychodynamic approach
- D. cognitive approach

78. The survey method is useful for investigating phenomena that

- A. cannot be pretested
- B. are difficult to study by direct observation.
- C. may involve biased responses from the subjects.
- D. involve individuals rather than groups.

79. Although Andy wanted to cut class to get to the Yankee opener, he came to class to take a quiz and review for an exam. According to Freud, this behavior evidences a strong

A. egocentricity

B. super id

C. id

D. superego

80. The term for memories and thoughts that are not part of our current awareness, but which can be brought into awareness when needed, is

A. Unconscious

B. Repressed

C. Preconscious

D. Conscious

81. In which year did the 1st wave of Spanish Flu occur?

A. 1918

B. 1900

C. 1920

D. 1905

82. Who is known as the father of green revolution?

A. M.S Swaminathan

B. Vandana Shiva

C. Norman Borlaug

D. Mendely

83. "A suitable boy" was written by :

A. V.S Naipaul

B. Vikram Seth

C. Arundhati Roy

D. Ruskin Bond

84. Find the missing element in the series given below :

ABD EFH IJL MNP QRT U.V.X.?

A. XYZ

B. VWY

C. WXZ

D. UVX

85. The creator of Sherlock Homes was

A. Shakespeare

B. Dr. Watson

C. Arthur Conan Doyle

D. JK Rowling

86. 'A promised land' is the memoir of :

A. Barak Obama

B. Amartya Sen

C. Mary Karr

D. Tara Westover

87. The 'thickness' of Stratospheric Ozone layer is measured in/on :

A. Sieverts

B. Dobson units

C. Melson units

D. Beaufort Scale

88. Which city will play host to the 2022 Common Wealth Games?

A. London

B. New Delhi

C. Birmingham

D. Gold Coast

89. 'Ayush Kavach-Covid', an application developed the Ministry of AYUSH, has been launched by which Indian state/UT?

A. Madhya Pradesh

B. Uttar Pradesh

C. Haryana

D. Bihar

90. Rahat Indori, who recently passed away, was associated with which profession?

A. Politician

B. Sports person

C. Poet

D. Businessperson

91. Which Indian state is set to launch 'Roko-Toko' campaign for urging people to wear masks?

A. Maharashtra

B. Gujarat

C. Madhya Pradesh

D. Haryana

92. The youngest recipient of Nobel Prize was:

A. Lloyd S. Shapley

B. Leonid Hurwicz

C. Malala Yousafzai

D. Lawrence Bragg

93. The Booker prize in 2020 was given to which book?

- A. The New Wilderness by Diane Cook
- B. This Mournable Body by Tsitsi Dangarembga
- C. Burnt Sugar by Avni Doshi
- D. Shuggie Bain by Douglas Stuart

94. Which Metro rail service in India has become the second largest operational metro rail network in the country?

- A. Delhi
- B. Kochi
- C. Hyderabad
- D. Mumbai

95. What is the theme of the International Nurses Day 2020?

- A. Nursing the World to Health
- B. Honour the Nurses
- C. Nurses are Warriors
- D. Nursing the Globe

96. Which instant messaging platform has limited the sharing of forwarded messages to one chat, amid the rise in fake news during coronavirus pandemic?

- A. Telegram
- B. WhatsApp
- C. WeChat
- D. Messenger

97. Which country has recently unveiled Raad-500 missile?

- A. Pakistan
- B. Iran
- C. Iraq
- D. Saudi Arabia

98. A file which has not been altered, compressed, or manipulated in any way by the computer is called?

- A. Temp file
- B. Raw file
- C. Permanent file
- D. None of the above

99. Pointing to a photograph of a boy Mr. Ram said, "He is the son of the only son of my mother." How is Mr Ram related to that boy?

A. Brother

B. Uncle

C. Cousin

☒ D. Father

100. IIT-Ropar has developed a technology to sanitise groceries and currency notes from Covid-19. In which state is the institution located?

A. Madhya Pradesh

☒ B. Punjab

☒ C. Odisha

☒ D. Bihar

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